

CHAPTER C6XX!

HARI said:—O tliou, supreme deity, I shall now enumerate the Vishnu-Dharma-Vidyā, by reciting which, Indra was enabled to kill all his adversaries, and was ultimately installed on the throne of heaven. The Mantras such as Om, etc., should be psychically located by the reciter in his brain, face, heart, belly, thighs, knee-joints and legs respectively. He should then meditate upon these Mantras located as directed in the preceding line. As an alternative, the Mantra fanning as i Namō Nārāyaṇya should be located, as above directed, in the limbs in the inverse order of enumeration, Then the rite of Kara-nyāsa should be performed with the twelve-lettered Mantra sacred to the deity (Om Namō Bhagavate Vāsudevāya.) The votary should recite the Mantra rtinḥing as Om, obeisance to Vishnu, and consider himself as identical with the Shesha manifestation of that divinity, attended with the sixfold energy, May Hari protect me; may the fish manifestation of Vishnu shield my person in water. May Trivikrama, who exercises absolute power in the three regions, protect me in the skies; may the dwarf manifestation of Vishnu preserve me on land. May the mighty Nṛsiṃha protect me in wilderness; may Rima preserve me • on the mountain, May the boar manifestation of Vishnu preserve me on the earth-surface; may Nārāyaṇa preserve

me in the air. May Kapila protect the worldly
concerns of
my life; may Dattatreya preserve my yoga,
May Haya-
griva, among the celestials, and Makaradhvaja,
among the
celestial youths, preserve me. May Nandana
protect me from
worshipping any other god. May the tortoise
manifestation
of Vishnu preserve me in the south west; may
Dhanvantari
protect me from the evil effects of unwholesome
food. May
Indra protect me from failings of anger and
passion. May
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